



sunflower & grapeseed MULTIPURPOSE SERUM

A light, fast-absorbing oil serum that you can use in a variety of ways. Sunflower oil helps keep your skin hydrated by sealing in moisture. Grapeseed oil is full of skin-protecting antioxidants, fatty acids, and vitamins.

Ingredients:

- 1 tablespoon sunflower oil
- 2 tablespoons grapeseed oil

To make: In a small bottle, add sunflower and grapeseed oil. Shake to mix.

To use:

- **As a facial serum** - Massage several drops over the face and neck. Use nightly over the top of your regular facial moisturizer.
- **As an eye serum** - Gently pat into the entire eye area every night. Take care to not get the oil into the eye.
- **As a makeup remover** - Apply a small amount to a cotton ball or pad. Gently swipe over the eyes, face, or lips to remove makeup. Works great on waterproof makeup too. Finish with your regular facial cleansing routine.
- **As a cuticle oil** - Massage into nail bed and cuticles whenever your cuticles are dry. Apply as often as needed but at least once daily.
- **As a body oil** - Massage into the skin immediately after showering. Either apply while skin is still damp, or apply over the top of your body lotion to seal in moisture.

Shelf life: This serum will last about 4 months.