

MV coworking session 16092021

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SPEAKERS

Remi Oduyemi



00:09

Hello.



00:25

Hi there.



00:26

Hey. Okay.



Remi Oduyemi 00:34

Hey everyone, we'll get started in just a minute. I'm just setting up my, my rain cuz I look a bit dark so I'll give you just one minute I'm just having some tech issues with my camera bear with me guys. Sorry. Hello everybody lovely to see you all. Oh, sorry for the delay there. So here we got we got Rachel we got Maria, Holly Hi, Hannah, and shawl is here. Hello everybody. Sorry for the crazy start there, the camera wouldn't work and I was trying to get that all sorted. I hope you're all well and thank you for showing up for another co working session. I will um, in a minute after I've done the intro, I will stream us live. Hi,

Michelle, I will I will stream us all into the member vault group say my name is Remi, if I haven't met you guys before, and I am one of member volts happiness engineers, I work member volt. But I'm also a small business owner myself, I run a coaching and a consulting business myself. And I work with small business owners to help them grow their businesses online. So that's what I do. And I use member vault a lot. And so they asked me if I would run these sessions to kind of help some of you guys. So if you get stuck with anything you can ask for help. Hi, babe. Welcome to the CO working session. And Demetrius here That's lovely. Oh, we're filling up beautifully today. And it's been it's been quiet for the last couple of weeks. Because when we took off, I had to take the summer off because I moved house, which is very stressful. And so it's been a bit of a slow churn to get this back up and running. So it's lovely to see all of your faces today. So how this works is what I'm gonna ask you to do now is if you could jump into the chat box and let me know what you are going to be working on today on your member about what project what task, what are you doing today. Go ahead and stick that into the chat box and I'll read those out in a moment. I'm just gonna try and log us to see if I can connect us into the Facebook Grape co working session. share that. If you don't want to be seen in the Facebook group, feel free to go ahead and turn your camera off right now. I'm just trying to set that up share to the group. And then we need to share it to members. All right, here we go hit the button, this will be going live on member vault in just a minute. It is preparing the live stream. shut that down. I've got loads of windows open. So how we how we go is streaming. Hi, Nicole. Nice. Nice to see you here today. So yeah, once you've put in what you're gonna be working on today, what we're going to do is we're going to have like a 25 minute sprint. And we're going to work until about half past maybe just after half past and then what I will do is I will stop you guys to have a little break, have a little mental break to stop from focus in. We'll have a little chat, you can ask any questions, whatever. And then we'll get back into it again for another 25 minutes. And then at the end, we will assess what you've got done today. These are really productive sessions. If you really focus on just like kind of one thing at a time, you'll find you get loads of stuff done. You can use the chat box to ask for help. If you need help. I'm here I will try and help you as much as I can. This is really for beginners. If you have more advanced stuff, then you might need to shout out chat support to get some help. I will try and help you as much as I can. So dimitra says hi. Vivian's finishing a free PDF to add to one of one of our modules. And the shell is setting up the second MV for my second business or what's your second business to show let me know and type it in the box. Hannah is uploading Oh, she's uploading her first concert video from last night and working on the email sequence for my freebie product. That's brilliant way to use your member vote. And Rachel says I have I have three live training sessions next week. Supported by resources. They're not in the product yet. So this is my hour tonight. Good luck, Rachel getting that into your member vault account. Maria is about to get started with orientating my way into my account. Do do have a play if you get stuck have any questions pop the questions in the chat and I will

help you if you get stuck on your orienteering. Dimitri wants to create an invisible product that she can house in house my podcast Oh, let me know how you get on with that because I want to do a similar thing. And Holly total newbie getting a bit frustrated setting things up could use a bit of explaining Ask away Holly open up your member vote have a little play when you get stuck ask me a question and I will happily help you. And I will share some link to view of ours our knowledge base area which gives you lots of answers to things as well. Maria title newbie, and I want to rethink the title of my URL. Okay, you can do that then you can message chat support to get that change when you decide. And, Michelle, I have a brand reputation management studio I'll be using MB for my coaching program. Brilliant. Nicole, sorry. Okay. Thank you for correcting well done. Right guys, let's let's Remi rabbit and let's do some work until about the halfway mark on your member votes. Use the chat box if you need me and I'll be here to support you. And yeah, feel free to turn your cameras off. If you want to. Alright guys is halfway it's half full. So I'm gonna ask you guys to stop for just a couple of minutes. And let your brain have a little break from your business. And I wanted to ask you guys a question something mean Aaron have been talking about Aaron is one of the co founders of member wrote about these sessions, whether or not these sessions are useful, or if we could make them even more useful. And I wanted to ask him, feel free to unmute and jump in a to let me know if you find these sessions useful, but also whether or not it might be more useful if we did more video walkthroughs of areas of member vote and how to do things specifically. So one of the things we're toying with is potentially putting out Ask me anything post and then you guys ask the questions. And then rather than doing co working sessions, I might come in and just do video walkthroughs and show people. So what are some of your thoughts guys about either this session, or potentially having a more focused kind of tutorial sessions?



32:58

I really love these sessions. I feel like I get a lot done in an hour. So I feel like I use them more for the focus and less for the tutorials. Yeah, I know that there's kind of a mix. So that's just personally how I use them.



Remi Oduyemi 33:13

Yeah, no, I love that. Thank you. I love seeing you every week hammer. So thank you for showing up. Anyone else? Oh, Rachel. Hi, darling.



33:22

I was just going to say that. I think that to have session like this where you're able to perhaps give a bit of guidance with a live issue works really well. That doesn't mean that they asked me anything isn't a fab idea. But obviously, a walkthrough has, like a currency forever. So actually, that is something that would be super useful anyway. And I'd say that separate to this sort of thing. Because you will find as well, I think more people will actually be in the room with this session. Whereas with a walkthrough, you'll kind of go Oh, yeah, I'll watch that later. Yeah. So just again, I don't know you probably had similar experiences, because you've done this kind of gig for a long time. Yeah. But that's what I found when I'm conducting training. It's when there's a kind of in the room essence that it seems to it seems to have more more people attend. Yeah, no. It's high. You know, it's high involvement. That's the other thing you guys have to work.



Remi Oduyemi 34:22

Yeah, exactly. But no, that's really useful feedback. Thank you, Rachel. Anybody else when they come in, Holly Go ahead. Then we come to Maria. Hi.



34:31

Yeah. This is a first first timer. Welcome. It's, it's this is this is really useful. It's good for me because I need I need that kind of accountability, you know, to show up. Yes. Otherwise, like kind of, you know, sort of time you know, kind of floats away and I don't you know, don't get anything done. So this is really good for me. In regards like a q&a, I think actually for newbie lightning would be really useful to have minutes. Okay, the guides are really good. I've looked through a lot of like the kind of the newbie guides, they are really good. But sometimes you just need someone to show you look, click here and do that. And this is what that means. So that was a q&a thing that so shows you live on the screen what to do, we'll do it.



Remi Oduyemi 35:21

Yeah, and maybe the balances, maybe we do like, I don't know, two of these a month to co work and maybe two live sessions, and kind of mix it up a bit. So I'll feed that back for sure. Maria, my darling. He was gonna come in. Thank you, Holly. Hi, Maria.



35:37

I Hi. How are you? Hi, everyone. I'm super excited. I got a lot of energy, right? Yay. I've been

a voice I've been purposely avoiding. So it's been intentional. But at the same time, it was starting to feel uncomfortable for me, because I've invested in an account and I did have done nothing. I got lost with the wherever people were at in the Facebook group communities. So I think that contributed to my scapegoating that I don't really have a lot of time for this right now. And that's okay. I validated the fact that I get my permit myself permission. But I had this in my calendar. So like Holly, I'm a first timer. And then I just thought I have no frickin idea what to even ask. And then I thought, I'm just gonna sit there. And you just quickly went, Okay, let's go into the session. Here's the structure. And then what it got me to do was actually experientially feel where I'm at, with what accountability means for me at that particular moment, which I love that basic as opening my account, right? And I thought, okay, where is my intuitive guiding me, it's guiding me to just go in and change up my brand logo and at least feel comfortable with that. And you held space to hold me accountable for me, then all of a sudden, you pop to him? And you mentioned something, and to Rachel's point, absolutely, I'm already envisioning, like, this is really a my natural process of catching up to where my head's already coming at. And I my body, actions need to catch up to it. So I do envision that working sessions are really great because it meets you where you had holding you accountable. You're guiding you're there. And so I for some reason, I think, now I've got Renny she's gonna hold my space. whenever it's the same time, the q&a sessions, I'm just going to catch up to that I'm sure. So I'm going to, I'm going to join any session that you say, has a link to it on zoom, and I'm just going to put into my calendar. I love that Maria said Holly 100% Rachel 100% giddy up giddy.



Remi Oduyemi 38:18

Oh, that was honestly that means a lot to me, man. And I love I love hearing that, like the sessions kind of really inspire you guys to start taking action and just yeah, thinking about where you are. And. And that's what that's what these sessions are about and holding space for you guys to just get started sometimes. Right? Say, I love I love hearing that. Say thank you for sharing that Maria. I'm going to share this with Aaron later and tell him to come and watch. And then I don't have to recap. I'm just again, watch what these guys are saying they will tell you what they want. As long said that with Aaron after this. Anybody else will come in? Or should we get back to work?



38:54

I wanted to jump in real fast. This is my first time here as well. Hi, Holly.



Remi Oduyemi 38:58

Welcome. Thank you.



39:01

I'm new to member have all been around about a year. But this is I set up a course once and that was it. And that was a while ago. And so I'm now jumping back in and utilizing the tools I do have. So I really appreciate this co working space. It was completely by accident. I even tripped on it. I had some notification on my phone. And I was like I don't know who Remi it was maybe you had posted in the group about doing. Like, honestly, I need a co working space because that's how my brain works, and an hour to dedicate that I can actually do this. And I'm literally sitting in my car waiting to go to my day job while I do this. I love that you can ask questions and have that. But I think the q&a is a great idea as well, you know, maybe twice a month and then yeah, I think that's a great opportunity for people to who are new because I'm new to this, to ask those questions but then also



Remi Oduyemi 39:59

are we You sound a bit there, Holly. But no, we get your vibe. Rachel just said go ask. She's absolutely right. Go ask. Yeah, no, honestly, I'm saying so happy to see so many new faces in here some of the old faces as well not that I'm calling you old, but you know what I mean. But I love I love holding the space. And I in particular, I work better with accountability. So like when I'm in a room full of people, I actually am more productive. I don't know why just just have my brain and so. So I'm glad that this is kind of working for you guys as well. Yeah, and welcome all you newbies. It's wonderful having you here honestly. And we do this every week until we change it up. But I will I'll feed back to Aaron and let you know. But right let's do some work. Normally, I'm kind of take two or three minutes, we've gone for like nine just chit chatting, but that was really useful, valuable. And so we'll keep going to five and then I'll ask you guys to update and let me know what you've been able to achieve. So let's let's focus again for another 20 odd minutes. And yeah, I will. I will. I will share about the link in a minute, Holly. Let's do another 20 minutes of just focusing on your member role, maybe just one thing at a time. And I will check back in at five All right guys. Alright, we're coming up to last five minutes if you can just pop in the chat for me what you've been able to achieve today big, small whatever whatever you've done on your MVP pop that into the chat for me. And also if you can share your link to your member vault account I will share that out into the group and on the replay page as well on their member vote courses page. So if you could update me in the chat,

that'd be magic. So Hannah had to leave earlier but she updated us with what she achieved today. She was able to upload a video from her performance last night and wrote the lesson description for it finished the welcome email for the freebie and dropped her link so I will share that later. So Hannah got a lot done today as well before she left. So that's awesome Nicko I've done my branding for the second account and started with some product uploads well done the car well done getting that done today. dimitra says thank you, I ended up not doing what I had set out to do having lots of computer problems had to reboot et cetera. But did get an email going to hot leads for upcoming challenge Yes, I love emails to hot leads is such a great feature memorable, so well done for getting your email down to follow up and hot leads. That's brilliant, brilliant use of time. Thanks for the link Nicole and Holly figured out some basics kind of got a welcome page set up progress yes Holly well done. Well done you thank you for sharing your link as well. Maria Yeah, you can share your your your member vote address and when you when you're ready whenever you're ready, darling whenever you're ready. And if you need help with your changing your what you got decide, haven't you and Maria Once you have decided, please do reach out to a member of our team we can help you change your domain to whatever you want it to be. My email is Hello at member.volt.co Maria so just working on my logo and content welcome script. Thank you so much. You are very welcome. And thanks for showing up and invest in this time in yourself as well. So well done. Research got run think she's really bounced and says appreciate the session so much. Great to meet everyone. to nature. I will add my challenge link later today. Okay, that's cool. They've nearly finished my documents say not far off. Well done. They're well done. Rachel, thank you so much, Remi, I have set up several modules and the lessons including an intro as a teaser I had Miss thinking about all the camera imagery, and also decided I would like a bonus module for anyone who does everything. Oh, I love it. I love a bonus. I love her bonus Rachel. And also it really motivates people to, to, I was gonna sweat to a budget. Remember, I'm not on my homepage. It really motivates people to actually follow through and do the lessons to the end, if they know they're gonna get a bonus at the end. So if you're not yet using bonus modules, really start thinking about how you can add some little freebie at the end because it makes people want to complete your courses, or your workshops or your training say, Well done, Rachel, that's brilliant. And he says, I just need to create all the things which will populate the lessons. Yes, that's the hard bit in it. Nicko working on integrating my calendar on calendly brilliant that integrates beautifully. And remember, well, you can literally just get the embed code and pop that into your your member, it shouldn't be too hard. But again, reach out to support if you need help. And Holly, thank you so much. And she you shared your links, I will share that. And Nicole says next time I'll actually hang out in member Well, thank you guys. Thank you guys for showing up today. And I love that you guys have got loads of stuff done. And we are currently scheduled to be back next week, Thursday at 4pm. I will have some chats with Aaron about you know, some other sessions that we might integrate as

well. But thank you for showing up. I will put the replay of this and all of your links out tomorrow morning in the group when I'm next back online. And I will tag you as many of you as I can. I'll tag you at so you get the reminders. And if you see the events for next week, please do click going because then you'll get reminders to show up. And thank you to all the newbies, it's really lovely seeing you. And thank you for showing up and I hope you found this useful. And if you have found that useful, feel free to go share that in the member vote group. Maybe we can get some more people to come and join us anyway. Love you all and leave you it's five o'clock. I need to go and feed a hungry seven year old. So have a wonderful evening. And See you See you next time. Bye guys. Thank you Bye. You're welcome. Bye, guys.