

QUEST FOR DEEP JOY

12-WEEK PLAN

WEEK 1

Setting the
12-week goal
- process & risks
- your big WHY

WEEK 2

WEEK 3

WEEK 4

WEEK 5

WEEK 6

WEEK 7

WEEK 8

WEEK 9

WEEK 10

WEEK 11

WEEK 12 & READY !!!

Your Roadmap,
Your North Star,
Your Daily Plan

Learning Plan