



Exercising Your CCPA Rights

If you are a resident of California, under the California Consumer Privacy Act (CCPA), you have certain rights regarding your personal information. This page explains how you can exercise those rights with **Mental Wellness Initiative (MWI)**.

Your California Consumer Rights

As a California consumer, you have the following rights:

1. **Right to Know**
You can request that we disclose what personal information we have collected about you, the categories of personal information, the sources from which it was collected, why we collected it, and the third parties with whom it has been shared.
 2. **Right to Delete**
You may ask us to delete your personal information that we have collected from you, subject to certain legal exceptions (e.g. if we need it to complete a transaction, comply with law, for fraud prevention, etc.).
 3. **Right to Opt-Out of Sale or Sharing**
If we ever sell or share your personal information (for a business purpose), you have the right to opt out of such sale or sharing.
*Note: We do **not** currently sell your personal information.* If that changes, we will give you a clear way to opt out.
 4. **Right to Non-Discrimination**
Exercising your CCPA rights will not result in you receiving different or reduced services, or being charged differently.
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How To Make a Request

To exercise any of the above rights, you can contact us by:

- **Email:** admin@mentalwellnessinitiative.org
- **Subject line:** “CCPA Rights Request”
- **Include in your message:**
 - Your full name
 - The email address or account that you used with us
 - Which right you are exercising (know/access, delete, opt-out, etc.)
 - Any additional details that help us locate your data

We may need to verify your identity before fulfilling the request, to protect your data.

What We Will Do After You Request

- We will acknowledge receipt of your request within a reasonable timeframe.
 - We aim to respond within the time required by law (usually 45 days unless an extension is justified).
 - If your request is valid and no legal exceptions apply, we will comply (for example, providing data, deleting data, or stopping the sale/sharing).
 - If we cannot comply fully, we will explain why (e.g. legal obligation, internal legitimate interest, etc.).
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Limitations & Exceptions

There are certain situations where we may not be able to fulfill your request, including:

- If we need the information for legal compliance (e.g. recordkeeping, to defend legal claims).
 - If the information is needed to fulfill a contract you entered into.
 - If we need to retain the information for legitimate internal purposes (e.g. backup logs, fraud prevention).
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“Do Not Sell My Personal Information”

If and when we ever sell personal information, we will provide a clear method — such as a “Do Not Sell My Personal Information” link — for you to opt out. Until then, none of your data is sold.

No Retaliation

You have the right to exercise your CCPA rights without fear of discrimination or retaliation. Your decision to exercise your rights will not affect your access to our services, the quality of service, or pricing (unless required by law).

Contact Information

If you have any questions or need help with submitting a request, please contact us:

Mental Wellness Initiative

Email: admin@mentalwellnessinitiative.org

Website: www.mentalwellnessinitiative.org

Vault: <https://vault.mentalwellnessinitiative.org>

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