



COSMIC COVEN

MARCH



© New Leaf Your Life

HEY COSMIC QUEENS!

Yes! Spring has sprung my love! While we are navigating the ridiculousness of retrogrades and eclipses, take time to note the incredibly new and growing energy we're moving into. There's so many opportunities to grab with both hands!

Venus Rx kicks off this month with a tumultuous bang, pushing our love and money connections to their limits. Patience, taking a moment before you pop off and wait to respond.

Our Full Moon in Virgo is also kicking off eclipse season (oh YAY) with a lunar eclipse. So expect all the internal nit-picking, being consumed with perfectionism and generally being a bit of a dick to yourself. Remember full moons are about gratitude and celebration - lean into that energy instead of the BS. Expect revelations and shifts in your organising, relationships and details, so find time to support yourself during eclipse season. (We have a whopper coming up at the end of the month!)

Next day Mercury joins the Rx party and also spins backwards in Aries. Expect blow ups, arguments and a fair amount of hurt feelings. Take DEEP breaths, and remember - RETrogrades are all about the "RE". Reset, reassess, review, recharge, and recalibrate.

When we enter Aries season - get ready for the bold and brash energy to take you over, taking risks and making waves as the ram makes headway in the world. You'll have the Spring (or Vernal) equinox, and the Wiccan festival of Ostara, to celebrate the new coming of the warmer weather, the longer days and a little confidence kick. This can be pushed even further into gear as we hit Aries season giving you even more courage readying yourself to take all the action steps.

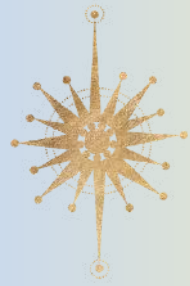
March 27th Venus Rx moves into Pisces - a slightly calmer ride of it, but with added intuition snafus. Not long before it goes direct, love.

We have the solar eclipse and New Moon in Aries on March 29th, along with Mercury Rx moving into Pisces. This sign, while softer around communication, travel and tech - is still asking you to keep your intuitive communications in check, and remember not to have a freak out if things fuck up or get delayed. The solar eclipse energy - while a bit mad - can be a great push point (if you're willing to FAAFO with eclipse energy..) to get so much shit done.

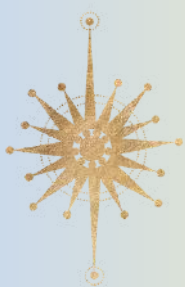
Expect another roller-coaster ride this month, and brace yourself!

Love,
Carla-Jayne





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Your main planetary movements for the month.

02 LUNAR LIVING

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03 THE WITCHES CALENDAR

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04 SPELLWORK

Spells and rituals to keep your energy going and to inspire you!

01 ASTROLOGICAL

SUN IN PISCES FEB 18 - MARCH 20

MARCH 1ST - VENUS RETROGRADE IN ARIES

Ok pump the brakes before you start popping off at your nearest and dearest, ok? You're going to have a battle-ready mindset, so check in before you do anything drastic.

MARCH 13TH - LUNAR ECLIPSE / FULL MOON IN VIRGO

Lunar eclipse alert! This one is focused internally, full of nit-picky judgements and chasing perfectionism. Use the power of the eclipse to focus on your strategy and plans for the future, not on berating yourself.

MARCH 14TH - MERCURY RETROGRADE IN ARIES

Coupled with Venus Rx, this is going to be a war-focused month. Watch out for temper tantrums and speaking out of turn to then burn it all to the ground. TAKE A MOMENT before you pop off, beaut.

SUN IN ARIES MARCH 20 - APRIL 19

MARCH 20TH - SPRING EQUINOX/OSTARA

The Sun has entered Aries and it's the astrological new year, so confidence and exuberance will reign with the first of the fire festivals, and celebrating Spring's arrival.

MARCH 27TH - VENUS RETROGRADE ENTERS PISCES

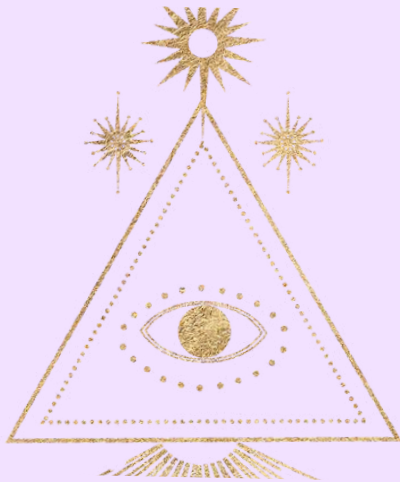
Calmer yet still muddled feels as Venus moves from Aries into dreamy Pisces. Look to healing, embracing shadows and letting go of what you can't change

MARCH 29TH - SOLAR ECLIPSE / NEW MOON IN ARIES

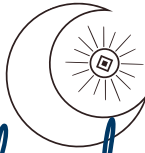
BIG ENERGY RIGHT HERE! This is the end of the eclipse season, and a big push to our motivations. Do courageous and bold shit babe!

MARCH 29TH - MERCURY RETROGRADE ENTERS PISCES

Mercury Rx moving into Pisces hits our decisions with a cloud of illusion energy. Watch out for the BS energy vamps, the dickheads and the general holding onto the ephemeral. Just let it go til this retrograde ends.

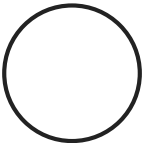
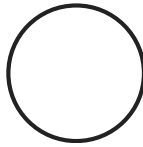
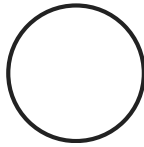
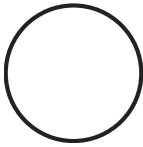
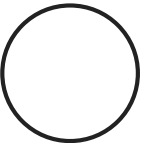
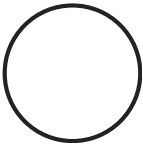
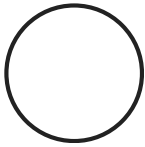
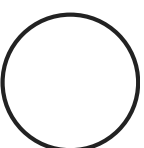
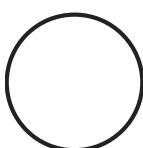
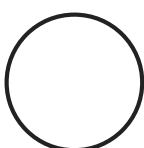
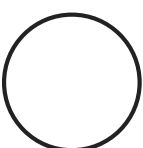
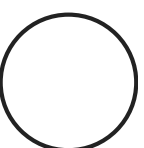
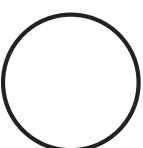
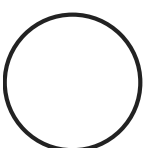
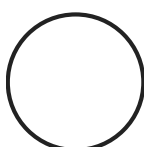
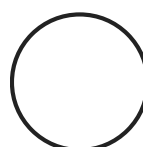
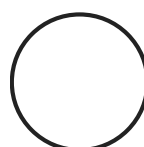
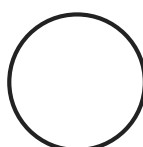
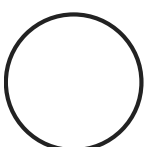
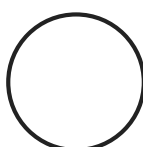
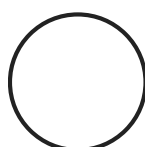
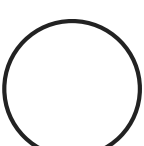
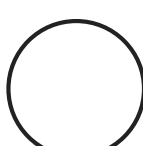
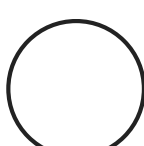
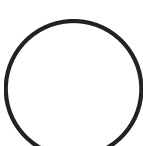
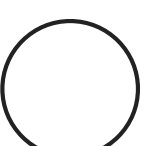
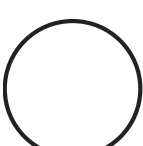
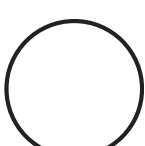
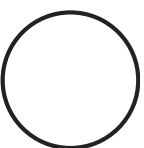
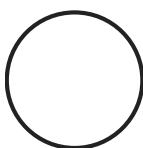
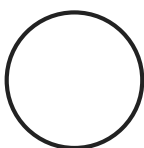
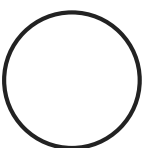
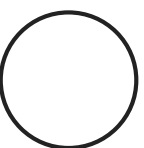
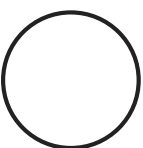
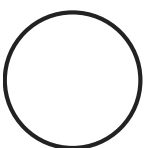


Monthly Moon Calendar



Use the calendar
below to track the monthly moon
cycle:

Month:

1 	2 	3 	4 	5 	6 	7 
8 	9 	10 	11 	12 	13 	14 
15 	16 	17 	18 	19 	20 	21 
22 	23 	24 	25 	26 	27 	28 
29 	30 	(31) 				



02 LUNAR LIVING

March 13th/14th Full Moon in Lunar Eclipse Virgo Breakdown

Themes: Responsibility, being of service, health, being practical, skills, precision, order, organisation, routines, efficiency, improving, analysing.

Add these correspondences to your spellwork:

- Element: Earth
- Ruler/Rules Over: Mercury, 6th House, Intestinal area/spine.
- Colours: Purple, white and gold
- Crystals: Moss agate, peridot, jasper, jade, watermelon tourmaline
- Herbs: Lily, elderflower, narcissus, fennel, dill, cornflower



02 LUNAR LIVING

Full Moons are for ritual and release work, and celebrating what has grown within your life.

Consider the following journal questions:

- Where do I need to heal?
- What was happening for me 6 months ago in the Virgo New Moon?
- Where can I ground myself more in my life while still moving forward?
- Where am I inflexible?
- What's blocking me from living a healthier lifestyle?
- Where am I overly critical or nit-picking?



02 LUNAR LIVING - ECLIPSES

Eclipse season is always tricky, so here are some tips on how to navigate it!

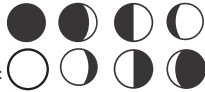
- Be gentle with yourself! There's a shit ton of cosmic energy flinging itself about, so when you need to rest, rest. When you need to get up and dance, dance! Listen to what your body and soul needs.
- Depending on the eclipse you might want to check your houses or signs (particularly their polarities) as to what might be uncovering old wounds, being triggering AF or highlighted in an expansive way
- Spend a minute actually taking it in and acknowledging when there are changes in energy and/or feelings. What's coming up for you that might need to be released? What karmic lesson are you being taught? What's waiting to be received?
- Get your butt into nature to help ground and centre yourself. Trust me on this one.
- Let go of the illusion that you have control. You can only control yourself, which includes your thoughts, feelings, actions and reactions. Surrender to the chaos of the universe where possible, and allow it to move through you rather than fight it. Accept what is and what isn't.
- You also might want to wait for manifestation spells or rituals during the eclipse season - the chaotic energy might make it all go hinky, and if you're not used to working with chaos magic it might all go tits up. But if you want to have a go... Fill your boots. Just be aware of that!

Lunar Reflections

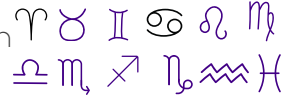


Date :

Moon
Phase:



Moon
Sign:



Intention for today:

Mantra for the day:

Tomorrow for self-care I will

Three things I am grateful for today
are:

Daily Reflection:

Goals &
Intentions:



02 LUNAR LIVING

March 29th New Moon Solar Eclipse in Aries

Themes: Motivation, determination, assertiveness, initiating, competitiveness, leadership, bravery, strength, confidence, physical energy, passion, warrior energy, spontaneity and new beginnings.

Add these correspondences to your spellwork:

- Element: Fire
- Ruler/Rules Over: Mars, 1st House, Head.
- Colours: Scarlet, red
- Crystals: Bloodstone, ruby, carnelian, red jasper, garnet, diamond
- Herbs: Cinnamon, allspice, sage, cayenne, garlic, nettle.



02 LUNAR LIVING

New Moons are for manifesting, cleansing and intention setting. Consider the following journal questions:

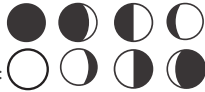
- Where do I need to take calculated risks in my life?
- Where do I need to step up and take the lead?
- What goals do I want to set in motion for the next 6 months?
- How can I embrace my inner warrior and be courageous?
- Where do I need to concentrate my energy?
- How can I take bold, aligned actions towards my goals?

Lunar Reflections

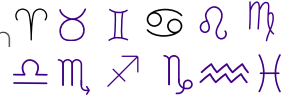


Date :

Moon
Phase:



Moon
Sign:



Intention for today:

Mantra for the day:

Tomorrow for self-care I will

Three things I am grateful for today
are:

Daily Reflection:

Goals &
Intentions:



03 THE WITCHES CALENDAR

20th March: Spring Equinox/Ostara

It's the Spring or Vernal Equinox where the Sun is directly over the equator and a balance of day and night reigns once more. Balance to ready yourself for the Spring and its bountiful fruits and to ensure you're looking after your well-being for the busy months ahead.

As the energy builds to unleash the power of nature on the earth and the Sun begins to warm us, the world enters its most fertile period. It's a time to celebrate new life, transformation and fertility.

One of the key symbols around this time is the egg! It symbolises fertility, the circle of life, creation and renewal. Along with the rabbits and hares bringing playful and light-hearted energy to the season, this is the perfect time to shake off the sluggishness of the Winter period and lean into the regenerative energy!

Along with the first sign of the zodiac Aries giving us more energetic oomph, there's plenty of opportunities for new beginnings and utilising this dynamic energy to move your goals forward.



03 THE WITCHES CALENDAR

20th March: Spring Equinox/Ostara

Ways you can celebrate Spring Equinox/Ostara:

- Crafts like dying/painting eggs using the colour correspondences
- Wake up with the sunrise and welcome in the sun
- Have a herby Spring clean - throw out old, out-of-date botanicals, organise and clear clutter
- Create and implement an action plan for your goals
- Research Spring goddesses and mythology such as Persephone
- Look to redress the balance of anything that is not balanced in your life
- Spellwork for fertility, new beginnings, prosperity, motivation or abundance
- Decorate your altar for Ostara/Spring

Spring Equinox/Ostara Altar Correspondences:

- Items/Greenery: Daffodils, dandelions, lavender, thyme, iris, cherry blossom, eggs, images or figurines of a phoenix, butterflies, bees, rabbits, hares, ducks, chickens or lambs.
- Tarot Card(s): Temperance, Justice and the Knight of Wands
- Crystals: Amethyst, blue lace agate, moonstone, rose quartz, amazonite, jasper or fluorite
- Herbs: Lemon balm, thyme, lavender, garlic,
- Food: Honey, mead, lamb, seeds, early spring vegetables, bread, eggs, chocolate.
- Tools: Chalice, basket, cauldron
- Colours: White, pastels, sunny yellow, lavender



04 SPELLWORK

SPELLWORK TO CONSIDER

FULL MOON IN VIRGO

- Success
- Supporting or easing responsibilities
- Financial matters
- Health and wellbeing
- Healing
- Grounding
- Earth/Green magic

NEW MOON IN ARIES

- New beginnings, new projects, new ventures
- Assertiveness and confidence
- Competitive enchantments
- Launching new enterprises
- Curbing impulsiveness
- Sex magic
- Fire Magic

30 DAY SELF-CARE CHALLENGE

STRETCH ALL YOUR MUSCLES	DRINK MORE WATER	GO FOR A WALK IN NATURE	EAT YOUR FAVORITE TREAT	GOT TO BED EARLY
LISTEN TO FAVORITE SONGS	EAT VEGETARIAN MEALS	TAKE A NICE BUBBLE BATH	COOK YOUR FAVORITE MEAL	PRACTICE YOGA
GO ON A SOLO DATE	JOURNALING	MEDITATE	PRACTICE GRATITUDE	TRY A DIY PROJECT
WATCH THE SUNRISE	READ A BOOK	EXPLORE A NEW CITY	WATCH YOUR FAVORITE MOVIE	GIVE YOURSELF A MANICURE
GET SOME SUNLIGHT	START A NEW HOBBY	WRITE OUT YOUR GOALS	ORGANIZE YOUR CLOSET	WATCH THE SUNSET
GIVE YOURSELF A BREAK	LEARN A NEW SKILL	CREATE YOUR IDEAL FUTURE	SURROUND YOURSELF WITH POSITIVITY	DRINK PLENTY OF WATER

WEEKLY SELF-CARE PLAN

WEEK: _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

PRIORITIES

TO-DO'S

NOTES

Sleep & Dream Daily Journal

Date :

S M T W T F S

Recurring ☐ Symbolic ☐ Lucid ☐ Nightmare ☐

Write or draw a description of your dream:

Emotions Experienced:

People/Places Present:

Dream Interpretation:

Magical Goals

Year:

PERSONAL GOALS	FINANCIAL GOALS	HAPPINESS GOALS

GOALS FOR THE COMING YEAR

MORE OF THIS PLEASE

LESS OF THIS THANKS

Monthly Intentions

Select 1-3 intentions you would like to focus on this month

LOVE

PURPOSE

EXPANSION

PLAY

PASSION

TRUST

JOY

TRIUMPH

PROSPERITY

HARMONY

CONNECTION

PATIENCE

INDIVIDUALITY

VITALITY

ALIGNMENT

INSIGHT

EXPLORATION

WELL-BEING

FELLOWSHIP

HONOURING

TRUTH

RELATIONSHIPS

SERENITY

RESPECT

COMMUNICATION

ORGANISATION

INTEGRITY

SAFETY

AUTONOMY

TENACITY

Intentions

FAVOURITE MEMORIES FROM LAST MONTH

THINGS I AM THANKFUL FOR

WHAT LIMITING BELIEFS DO I NEED
TO LET GO OF

--

PLACES I'D LIKE TO VISIT

MY INTENTIONS FOR THIS MONTH

- SPIRITUAL:
- PERSONAL:
- RELATIONAL:
- PROFESSIONAL:
- WELLNESS:
- FINANCIAL:

Rituals Notes

Date

Rituals Notes

Purpose

Moon Phase



Waxing

Full

Waning

Description

Results

Ingredients

Tools

Spell Planner

DATE:

M T W T F S S

TITLE:

MOON PHASE:

RESULTS:



TOOLS & INGREDIENTS

ACTIONS & WORDS

[illegible]

Manifesting Cheat Sheet

IDENTIFY

I want to manifest [your desire] because it will make me feel [identify the emotions this manifestation will give you]

DAYDREAM

What will it feel like when your desire becomes a reality? (Use present tense,)
ex: I feel, I am, I am thankful...

ALIGN

List what you can do TODAY to practice feeling the feelings from part 1.

Tarot Guidance For This Month

Month: _____

Past

Future

Present

Interpretation

Triplet Daily Card Draws

DATE: _____ TIME: _____

DECK USED:

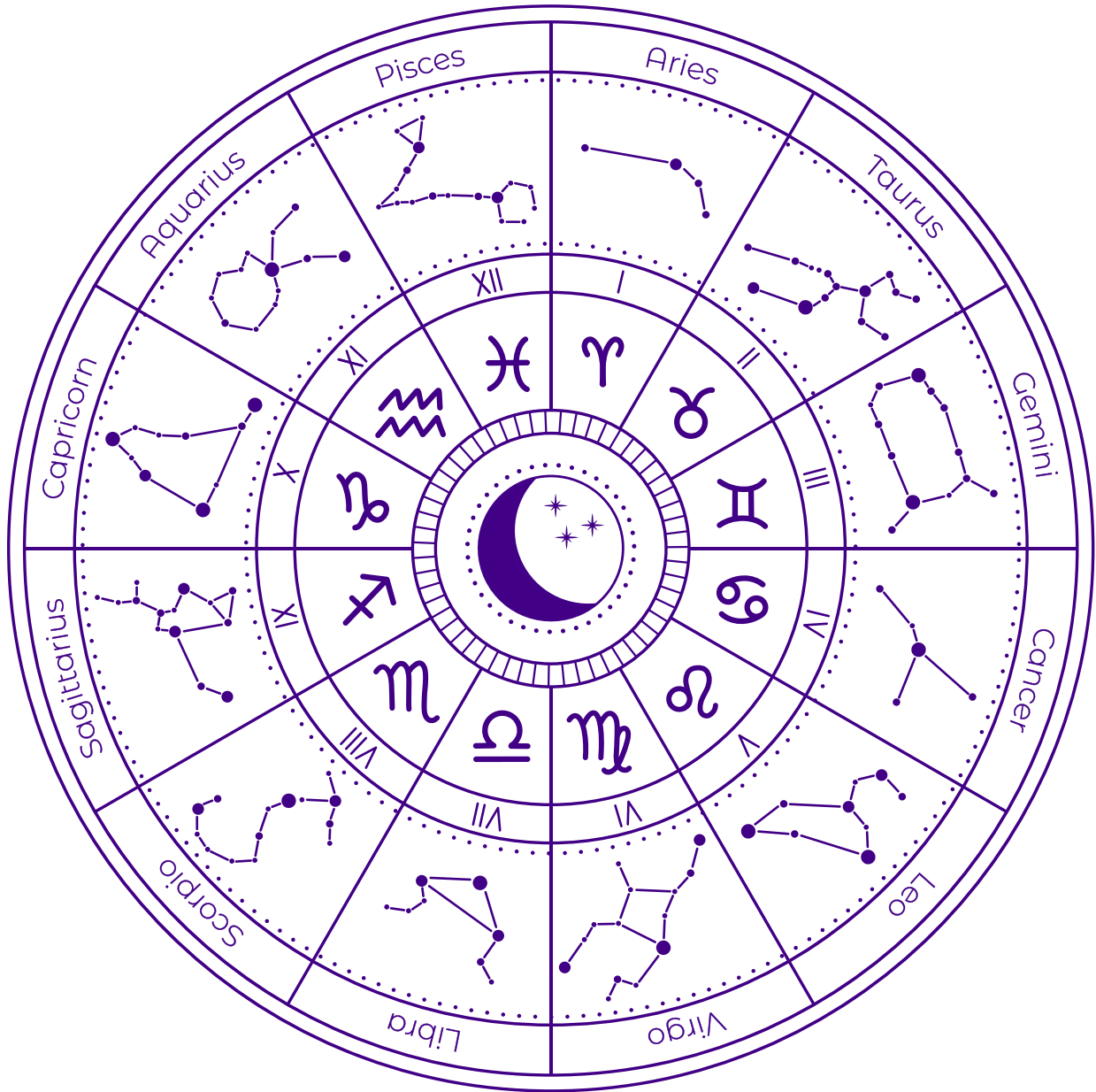
NOTES

DATE: _____ TIME: _____

DECK USED:

NOTES

Wheel Of Zodiac

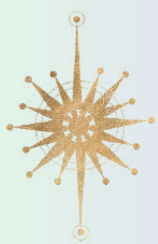


The zodiac wheel encompasses 12 signs beginning with Aries and ending in Pisces. This modality is presented via a sphere (or "zodiac wheel") that is divided into twelve separate sections in the sky. Each section correlates with a zodiac sign through which the sun, moon, and planets pass during the year.

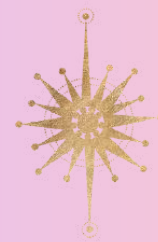
Ritual

SPELLWORK IS A
FORM OF CREATION.
MANIFESTING THE
INVISIBLE AND THE
IMAGINABLE INTO REAL
LIFE VERIFIABLE
FORMS, THROUGH
PERFECTLY NATURAL
MEANS.

- DACHA AVELIN



WAYS TO WORK WITH CARLA-JAYNE



BS to Bewitching Sisterhood

Come and expand your Magickal practice even more, but with fellow witchy women! We look at different spiritual modalities such as Chakra Healing, Shadow Work, developing your Intuition and more!

Plus you have access to the Goal Setting and Mindset Vault, Lunar Circles, Weekly Tarot Forecasts and a private Facebook group! Click [HERE](#) to learn more! Or simply type bit.ly/bewitchingmembership

BS To Brilliant 1:1 Coaching

If you're looking for that extra bit of guidance, sparkle and sass, and you're sure this is the step for you (notice I said sure, not ready!) then let's talk about guiding you from BS to Brilliant!

This program is for you if you are looking to release BS beliefs, learn to forgive on an epic scale and find your own focus, clarity, alignment and trust.

Come and chat to me at transform@newleafyourlife.com or pop me a Facebook message to chat more about BS to Brilliant, or check it out here bit.ly/bs2brill



Private Tarot and Oracle Readings

Private card readings go much more in-depth than a Tarot Tuesday live, or even a Weekly Forecast in BS to Bewitching. You get personalised guidance, a fair amount of coaching and of course, a Divination reading like no other. Whether you wish to know what your Higher Self is saying to you, or you want intuitive business guidance, click [HERE](#) to Choose Your Own Adventure! bit.ly/tarotdivination

TAROT & COACHING FOR

Cosmic Queens

**UNLEASH YOUR INNER MAGIC WITH
SASSY SELF-CARE, TAROT GUIDANCE
AND SPIRITUAL EMPOWERMENT!**



WITH CARLA-JAYNE