

Upcoming Courses



Dynamics of Depth Morecambe March 14th

Dynamics of Depth Birmingham March 15th with Instructor Sophie Crutchley

Mastery 2026 Morecambe Module 1: March 21st - 23rd, Module 2: June 20th - 22nd, Mod 3: September 19th - 21st, Mod 4: December 5th - 7th

Zero Strain Massage Helsinki, FINLAND March 23rd - 25th with Instructor Erika Louhivuori

Touch for Resilience Morecambe April 18th - 19th

Book before Feb 14th and attend Dynamics of Depth on March 14th FREE

Zero Strain Massage: Arms & Hands Morecambe May 16th

Zero Strain Massage: MORE Structural Healing Heavies Morecambe May 17th - 18th

Therapeutic Communication Tools for Bodyworkers Helsinki, FINLAND March 23rd - 25th with Instructor Erika Louhivuori May 20th - 22nd

EXTERNAL PROVIDER **Massaging Persons with Dementia** Morecambe June 26th

Therapeutic Communication Tools for Bodyworkers Morecambe June 27th - 29th

Dynamics of Depth Helsinki, FINLAND September 5th with Instructor Erika Louhivuori

Reality Check September 19th - 21st

Zero Strain Massage Morecambe October 17th - 19th

4Elements Touch Therapy Certification Course Morecambe November 21st - 23rd

2027

Association Gather Morecambe January 16th - 17th

Mastery Programme 2027 Morecambe - Module 1: March 13th - 15th; Module 2: June 12th - 14th; Module 3: September 11th - 13th; Module 4: December 4th - 6th

Reality Check September 11th - 13th

Full details at the4elementscompany.com
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