

Upcoming Courses



- **Dynamics of Depth** Wesham, PR4 August 26th with Instructor Tish Masters
- **Dynamics of Depth** Helsinki, FINLAND September 5th with Instructor Erika Louhivuori
- **Dynamics of Depth** Birmingham September 5th with Instructor Sophie Crutchley
- **Dynamics of Depth** Wesham, PR4 September 8th with Instructor Tish Masters
- **Reality Check** Morecambe September 19th - 21st
- **Touch for Resilience** Helsinki, FINLAND October 1st - 2nd with Instructor Erika Louhivuori
- **Zero Strain Massage: Full Body** Morecambe October 17th - 19th
- **Zero Strain Massage: Full Body** Helsinki, FINLAND October 28th - 30th with Instructor Erika Louhivuori
- **Dynamics of Depth** Wesham, PR4 October 29th with Instructor Tish Masters
- **Zero Strain Massage: Full Body** Birmingham November 8th - 10th with Instructor Sophie Crutchley
- **4Elements Touch Therapy Certification Course** Morecambe November 21st - 23rd
- **Therapeutic Clinical Communication** Helsinki, FINLAND December 2nd - 4th with Instructor Erika Louhivuori

2027

- **Association Gather Morecambe** January 16th - 17th
- **Zero Strain Massage: Structural Healing Heavies** Morecambe Feb 20th - 22nd
- **Mastery Programme 2027** Morecambe Module 1: March 13th - 15th; Module 2: June 12th - 14th; Module 3: September 11th - 13th; Module 4: December 4th - 6th
- **Touch for Resilience** Morecambe April 17th - 18th
- **Zero Strain Massage: Full Body** Morecambe June 19th - 21st
- **The Reality Check** Morecambe September 11th - 13th
- **Therapeutic Clinical Communication** Morecambe October 16th - 18th
- **4Elements Touch Therapy Certification Course** Morecambe November 27th - 29th

Full details at the4elementscompany.com
or get in touch: 07367 064945 / 01524 415345 / hello@the4elementscompany.com