



SPACE



LIFE

TIME



## June 2025

### Week One: Savvy Spaces

Mess Stress: Why You're  
Overwhelmed & How to Fix It  
6/2/2025

### Week Two: Savvy Schedules

Procrastinate Less, Progress More  
6/9/2025

### Week Five: Savvy Bonus

Making It Fun: Gamifying Organization for  
ADHD Brains  
6/30/2025

### Week Three: Savvy Mindset

Simplify Meal Planning in Summer Heat  
6/16/2025

### Week Four: Savvy Abundance

Manifestation Fatigue: What To Do When  
Abundance Isn't Showing Up  
6/23/2025