

Moving Forward

Text: Job 42:12a Exodus 14:13-16a 2 Timothy 1:7

Lesson - 1

- Do you want to change?
- Challenges to changing
- How did we become emotionally stuck?
- Quiz

Lesson - 2

- Define Fear: Spiritual Perspective
- Four reasons why we become/remain emotionally stuck
- Quiz

Lesson – 3

- Why can't we get emotionally unstuck?
- Reality Check
- Quiz

Lesson - 4

- Change your mind and change your plans
- God's Divine Help
- Quiz

Roundtable Discussion with Instructor (*via internet*)

- ZOOM Meeting
- Facebook Live

SCRIPTURES:

Job 42:12A (KJV)

¹² So the LORD blessed the latter end of Job more than his beginning:

Exodus 14:13-16A (KJV)

¹³ Moses answered the people, "Do not be afraid. Stand firm and you will see the deliverance the LORD will bring you today. The Egyptians you see today you will never see again.

¹⁴ The LORD shall fight for you, and ye shall hold your peace.

¹⁵ And the LORD said unto Moses, Wherefore criest thou unto me? speak unto the children of Israel, that they go forward:

¹⁶ Raise your staff and stretch out your hand over the sea to divide the water

2 Timothy 1:7 KJV

⁷ For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Exodus 14:21-22 (KJV)

²¹ And Moses stretched out his hand over the sea; and the LORD caused the sea to go back by a strong east wind all that night, and made the sea dry land, and the waters were divided.

²² And the children of Israel went into the midst of the sea upon the dry ground: and the waters were a wall unto them on their right hand, and on their left.