



## Coaching Package Terms of Service

### Client statement:

I understand that any information or advice provided by Clare Crouch of Vibrantly Healthy is not intended to replace medical care.

I understand that natural health and nutrition coaching consultations should not be used as a substitute for a medical diagnosis and that if a medical diagnosis is required I must contact a medical professional.

I understand that I must notify Clare Crouch of Vibrantly Healthy of any medications I am currently taking, and any further medications that are prescribed to me during the period we are working together.

I understand that I must notify my GP, or other medical practitioner, of any changes to my nutritional program and any supplements I wish to take in case of interactions with prescribed medications.

I understand that Clare Crouch/Vibrantly Healthy will retain the records of my nutritional therapy consultations for a period of time following completion of my consultations as required for insurance or other statutory reasons.

### Coaching Process:

I understand that all consultations in my coaching package are to be taken within a four month period from the date of registration unless otherwise agreed in writing.

I understand that although Clare may prompt me from time to time, it is my own responsibility to ensure my consultations are booked and if I do not book them in the period to which they relate they may not be carried over and that in such a case no refund of any prepaid fees will be made.

I understand that if there is a period of more than eight weeks with no consultation during a four month coaching package Clare may terminate the client-therapist relationship and that in such a case no refund of any prepaid fees will be made.

I understand that it is my responsibility to implement the advice I receive and if I repeatedly do not do so Clare may terminate the client-therapist relationship and that in such a case no refund of fees will be made.

### Disclaimer:

Natural health & nutrition coaching is not intended to replace medical advice and where applicable works alongside conventional medicine.

Clare Crouch of Vibrantly Healthy does not claim to treat or diagnose medical conditions.

Any comments or recommendations made by Clare Crouch of Vibrantly Healthy should not be construed as being a medical diagnosis.

If you suspect that you have an undiagnosed medical condition, you must contact your GP, or other medical practitioner, for a formal medical diagnosis.

Nutritional supplements may be safely recommended for individuals taking pharmaceutical medications but in some circumstances there is potential for interactions. In addition, dietary changes may alter the need for pharmaceutical medications. Therefore, if you are under the care of a GP, or other healthcare professional, it is important that you advise them of changes to your nutritional program and use of any supplements as they may need to monitor your medication requirements.

**By purchasing this coaching package I give my express agreement to all of the above statements.**